



ABOUT US

Blacktown Area Community Centres (BACC) is a not for profit community based incorporated association serving the suburbs in the Blacktown local government area.

OUR VISION

BACC envisages an empowered community that is well resourced, inclusive, diverse and safe.

OUR MISSION:

To provide a holistic range of strategic, accessible and inclusive initiatives that are responsive to the needs of the community. Guided by social justice principles, BACC empowers individuals and families to actively participate in community life.

CONTACT US



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YOUTH PROGRAMS' TEAM



Communities
& Justice

INFORMATION, ADVICE AND REFERRALS

We provide:

- General information about support services
- Information on issues that impact young people
- Referrals for further support and assistance

EVENTS

We host and attend youth led events which:

- Raise awareness of issues impacting young people
- Celebrate young people
- Connect young people to their community, services and each other

YOUTH SAFE SPACE

We provide safe spaces for young people to access information, advice and support. These are held in various locations across Blacktown including local high schools.

SCHOOL ENGAGEMENT PROGRAM

Our School Engagement Program is designed to encourage responsibility, leadership, problem solving, resilience and collaboration. It is delivered in local high schools and each session runs for approximately one hour. Topics covered include *(but are not limited to)*:

- Healthy Relationships
- Personal Hygiene
- Nutrition and Fitness
- Assaults and Bullying
- Gaming and Gambling

ESSENTIALS PROGRAM

We provide personal hygiene and school supply products to individuals and families that are experiencing hardship.

LIFE SKILLS

Our Life Skills Programs are designed to support young people through knowledge based programs and workshops aimed at increasing their skill and confidence.

These can include (but are not limited to):

- Cooking and Meal Preparation Programs
- Resume Writing & Interview Skills Workshops

LOVE BITES

A Respectful Relationships Education Program for young people aged 15-17 years. We facilitate two interactive workshops: Relationship Violence and Sex and Relationships, followed by creative workshops and community campaigns.

LOVE BITES JUNIOR

A respectful relationships education program that focuses on the development of respectful relationships for 11-14 year olds.

The Love Bites Junior Program consists of 3 programs which we deliver consecutively to build young people's skills

RAGE (RE-NAVIGATING ANGER AND GUILTY EMOTIONS)

A strengths-based anger management program for 11-17 year olds delivered over 6 weeks in 2 hour sessions

MANAGING THE BULL

A five week course designed to build resilience in bullied teens through games, activities and discussions.

We support young people to learn how to:

- Recognise bullying
- Discover inner strengths
- Build self esteem
- Communicate effectively
- Deal with cyber bullying
- Build support networks
- Use personal protection plans

TUNING IN TO TEENS (TINT)

A program for parents of young people aged 10-18. This 6 week course teaches parents to remain close and maintain communication with their teens through emotional coaching.

For more information about the programs we deliver visit our website. www.bacc.org.au

